



4th & 5th JULY

Fourteenth Sunday in Ordinary Time Yr A



First Reading [Zec 9:9-10](#) - A reading from the prophet Zechariah

See how humbly your king comes to you! The Lord says this: 'Rejoice heart and soul, daughter of Zion! Shout with gladness, daughter of Jerusalem! See now, your king comes to you; he is victorious, he is triumphant, humble and riding on a donkey, on a colt, the foal of a donkey. He will banish chariots from Ephraim and horses from Jerusalem; the bow of war will be banished. He will proclaim peace for the nations. His empire shall stretch from sea to sea, from the River to the ends of the earth.'

Gospel [Mt 11:25-30](#) - A reading from the holy Gospel according to Matthew

I am gentle and humble of heart.

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'



Fourteenth Sunday in Ordinary Time Year A

The Lord is kind and full of compassion. Let us place our needs before our faithful God.

That the Church will be open to the wisdom of young people. **Lord, hear us**
Lord hear our prayer

That peoples who are bowed down through oppression and violence will have their burdens lifted. **Lord, hear us**

Lord, hear our prayer

That world leaders will assist developing countries that are struggling to contain the pandemic with limited resources. **Lord, hear us**

Lord, hear our prayer

For people who are alone. That they will find solace in your love. We pray especially for those experiencing isolation during the coronavirus restrictions.

Lord, hear us

Lord hear our prayer

We pray for ourselves, and for all in the current coronavirus crisis, for the anxious, the fearful, the afflicted, the elderly, those compromised by ill health and treatment, and the young, that they recover well, as we live in hope that this current peak will soon pass, so that life can resume to normal in our families, our communities, our society and our wide and wonderful world as a global village. **Lord, hear us**

Lord, hear our prayer.

We pray for our own special intentions: **Lord, hear us**

Lord hear our prayer

We pray for those who are ill, especially:

Marg Kovacs, Lolita Fajardo, Callum John O'Dwyer, Austin Eastburn

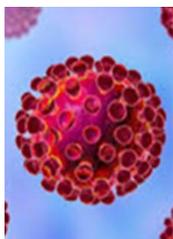
For those who have died recently: Cosimo Di Grazia

For those whom we remember at this time, especially: Armando Giuffre, Ralph Orlando, Antonio Barbaro, and Joseph Udovicic

Lord, hear us

Lord, hear our prayer

God of tender care, you sent your Son to give rest to those who are burdened. Hear these prayers and refresh our souls that we may become more like Christ. We ask this in Jesus' name. **Amen**



COVID-19 RESTRICTIONS HERE AT ST THERESE'S PARISH

As of 11.59pm on Sunday 31 May regulations will change to allow for liturgical celebrations and Masses to be attended by a limited number of people (20). This is still fewer numbers than are watching our weekday online Masses so the **CHURCH WILL STAY CLOSED WITH THE EXCEPTION OF FUNERALS, BAPTISMS AND WEDDINGS.**

[Please visit our website to see the guidelines for Baptisms, Weddings and Funerals](#)

Once restrictions are lifted to allow 50 persons we will resume our weekday Masses (Tuesday - Friday 10am) with strict hygiene and social distancing measures in place.

Weekend Masses will stay online until we are able to accommodate our usual attendees.

We have decided to maintain our current position of no parish group meetings of any kind.

PACE remains closed to all hirers and parish groups.

As always, the health and wellbeing of our parishioners and our community remain our number one priority.

PARISH OFFICE OPEN BY APPOINTMENT The office remains (virtually) open each weekday from 9am until 3pm via phone and email. Following the [Premier's statement on 29 May](#), the parish office will not be staffed as we follow the government directive to work from home.

For those who need to visit us in person or meet with Fr John, appointments can be made over the phone or via email. We can also book online meetings via Zoom.

Any face to face meetings will be held under strict social distancing, 4m² allowances and hygiene requirements.

STAY UP TO DATE with our parish response during the COVID-19 crisis [on our website](#).

THE CATHOLIC ARCHDIOCESE OF MELBOURNE provides regular pastoral updates on the COVID-19 situation. You can find those updates on the CAM website www.cam.org.au

ASSISTING OUR ISOLATED PARISHIONERS We have had several kind offers from volunteers willing to help our most isolated parishioners with shopping and meals. If you know of a parishioner, or if you are a parishioner who could use our help, please contact the office. All contact is confidential.

The doors of our church and office may be closed but our commitment to the safety and wellbeing of our parishioners remains constant.

As we all try and adjust to the changes in our lives as a result of the COVID-19 pandemic, our thoughts turn to the most vulnerable in our communities and the growing demand for services to help people through these challenging times. In mental health the following services are available:

Australian Government Head to Health: [click here for Head to Health](#)

Lifeline: [click here for Lifeline's COVID-19 Support](#) or phone 1300 651 251

Beyond Blue: [click here for Beyond Blue](#) or phone 1300 22 4636

Kids Helpline: [click here for Kids Helpline's COVID-19 support page](#) or

Phone Tel: 1800 551 800



Every day at Vinnies, we see that ordinary people are able to make an extraordinary difference in their local communities. We are inspired by the joy of the Gospels and our Catholic social teachings to do things that

matter. The spirit to feed, heal, shelter, nurture, and inspire – the power to change lives – is in everyone. As we enter this winter in the shadow of coronavirus, your commitment to helping those experiencing disadvantage, poverty, loneliness and homelessness is still very much needed and appreciated.

If you are able to make a contribution to the Vinnies COVID-19 Winter Appeal, there are 4 ways to contribute

- The four ways to donate this year:

Online <https://vinnies.org.au/>,

1. Over the phone 13 18 12,
2. Direct Deposit in to the SVDP account and
3. Via the Parish office (cheque/cash)

Links to the video from St Vincent De Paul State President

<https://bit.ly/2yEkBp3> (1.06mins) and – <https://bit.ly/2XxiLyC> Thank you.

Sunday July 5th is Aboriginal and Torres Strait Islander Sunday. There are



133,000 Aboriginal Catholics in Australia. This number has grown 186% since 1986. Australia's First peoples are the youngest and fastest growing demographic in the Catholic Church today. How blessed and humbled we are, that they are generously sharing with us their precious spiritual gifts.

Learn more by watching a 5 minute video at

<https://www.youtube.com/watch?v=qsSyfQ4LQP4&feature>

The critically-acclaimed documentary *In My Blood It Runs* screens in July on ABC and ABC iView. This heart-warming observational documentary about history, learning, love and resistance premieres on Sunday, July 5, 9.30pm on ABC and ABC iView. Told through the eyes of charismatic 10-year-old Arrernte/Garrwa boy Djujan and his family. The film charts the challenges Djujan faces both in his school and on the streets of Alice Springs.

PARISH CONTACTS

Parish Priest: John Hannon john.hannon@cam.org.au
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Parish Leadership Team: essendon.plt@cam.org.au
Child Safety Officer: Olivia Metcalf childsafety@stthereses.org.au
Office opening hours - Monday to Friday 9.00am – 3.30pm
Office Telephone: 9401 6330 – after hours Fr John: 0490 956 610
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School email: principal@stessendon.catholic.edu.au
St Vincent de Paul helpline: 1800 305 330 WEEKDAYS 10am–3pm
Tiny T's Playgroup: stthereses.tinyts@gmail.com

**OUR PARISH
VIRTUAL MASS
CELEBRATED WITH
FR JOHN
ON WEEKDAYS
WEDNESDAY,
THURSDAY, FRIDAY
AND SUNDAY MASS
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